



CHURCH of  
the MESSIAH

MESSIAHGWYNEDD.ORG

# The Weekly Rector's Message

The Fourth Sunday after the Epiphany

**SUNDAY, 29 JANUARY 2023**

---

*Birthdays, Verse of the Week, A Message from the Rector, Announcements, Belfry Bargains News, Reaching out to the Community, Sunday Worship, Volunteer Spotlight, Creative Angels Recipe, Resources for Spiritual Growth*

---

## BIRTHDAYS IN THE WEEK AHEAD

O God, our times are in your hands: Look with favor, we pray, on these your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. *Amen.*

- Tim Beaver
- Helen Wilhelmy
- Carolyn Sangston
- Jayne Wicklund
- Brian Schneider
- Claudette Sudlow
- Nancy Parke

THERE WILL BE NO  
GLOOM FOR THOSE WHO  
WERE IN ANGUISH.  
THE PEOPLE WHO  
WALKED IN DARKNESS  
HAVE SEEN A GREAT  
LIGHT;  
THOSE WHO LIVE IN A  
LAND OF DEEP DARKNESS  
- ON THEM LIGHT HAS  
SHINED.

- *Psalm 27*

---

## From the Rector:

“Follow me,” Jesus said to the fishermen; and they did. They left behind their boats, but not the habit of embarking into the unknown. They left behind fishing nets, but not lives pursuing risky yield. They left behind crests and troughs of splashing waves, but not the ebb and flow of the water’s rocking rhythm.

Jesus went throughout Galilee, teaching, proclaiming the Good News, and healing. Back and forth, back and forth, the new disciples followed: from

---

## STAY CONNECTED

**VISIT THE WEBSITE:** *Here you can find a video of the Sunday service as well as the bulletin and the sermon.*

<https://www.messiahgwynedd.org/>

**VIEW THE CALENDAR**

[CLICK HERE FOR CALENDAR](#)

**OFFICE HOURS:**

*Monday through Friday 9:30-2:30*

---

**IN CASE OF A PASTORAL**

## EMERGENCY AFTER HOURS

Should you have an urgent need to contact the Rector outside of Church Office hours, please use his cell phone: 215-692-2667.

---

## SUNDAY HAPPENINGS

**8:00am:** Holy Eucharist

**9:30am:** Holy Eucharist with music, church school and nursery care

---

## FOLLOW US!!



## RESOURCES FOR SPIRITUAL GROWTH

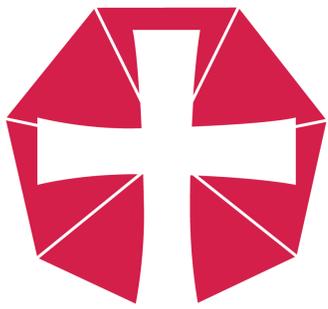


synagogue worship to yet another excursion; from focus on the world to focus on God's people; from sabbath rest to weekday life. Throughout Galilee they went, crisscrossing the territory, and fishing still: in home and field, sanctuary and marketplace.

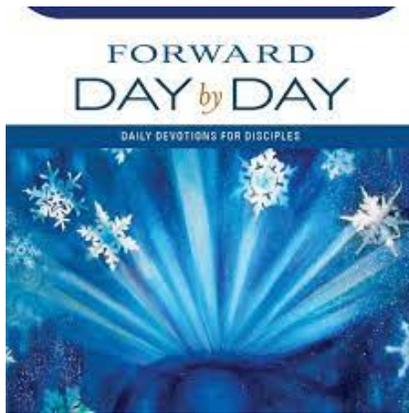
What did it mean to fish for people? Not lying in wait to ensnare the unsuspecting, but honoring the dignity of others by doing the simple things Jesus did: spending time with their hearers and hosts by eating and drinking; listening and talking; taking the people seriously by exhorting repentance; joining them in synagogue worship.

Simple acts from everyday life began to show forth the Kingdom of God. Familiar Scripture took on new meaning. People shadowed by death heard and were healed – from illness, from contempt. Nets filled up and the Good News spread.

The disciples followed Jesus everywhere, proclaiming the reign of God through God's word, forgiveness, grace and healing. And we, who follow today, continue the story of good news, praising God and fishing still.



**MY WAY OF LOVE**  
POWERED BY RENEWALWORKS



## **SOCIAL JUSTICE AND OUTREACH**



“

**Do Something.**

A Message from Bishop Daniel C. P.  
Gutierrez on Responding to Gun Violence

---

## Announcements

---

**Tomorrow, Jan 29th**, there will be one service at 9:30am. There will be no 8:00am service. In place of the sermon, we will present the results of the stewardship campaign and the 2023 parish budget.



---

**THANK YOU**

**THANK YOU!** As we begin this new year, we want to thank those who have pledged to financially support the mission and ministries of Church of the Messiah in the year ahead:

Fran & Pete Beaumont \* Joan Benninghoff \* Betty Buchecker \* Thelma & Barry Carter \* Sue Costella \* Cynthia Curtis \* Dolores & Brooke Hallman \* Margaret Harkins \* Bill Heinz \* Martha Hewson & Craig Ziegler \* Roxanne & John Krail \* Heather & John Marshall \* Barbara & John Myers \* Eleanor & Joseph Ochotny \* Barbara Osborne \* Nancy & Harry Parke \* Eileen Patram \* Charlotte Rogenmuser \* Sara Sablosky \* Cheryl & Hugh Sargent \* Patti Saunders \* Carol Schaub \* Sam Frenkel & Marss Senteio \* Suzanne & Doug Shank \* Nany Alpert-Sisson & Mercer Sisson \* Lynne Smith \* Judy & Jim Snyder \* Betty Lee Stevenson \* Dick Thatcher \* Barb & Warren Tudgay \* Brenda Weir \* Jayne &

Mark Wicklund \* Jeanne & John Ludlow-Bergin \* Chris & Dennis Byrnes \* Jennifer Christman \* Deidre Cooper \* Roni & John Herninko \* Jean London \* Deb & Keith Marsh \* Ginny & Mike Oldt \* Bonnie & Len Perrone \* Ciara & Dave Prezuhy \* Julie Sabokbar \* Kelly & Brian Schneider \* Barbara Stevenson \* Emmy Subers \* Cathy Wallace \* Helen Wilhelmy \* Jean Alderfer-Troster \* Marsha Althouse \* Tim Beaver \* Marilyn & Dave Bonner \* Ann Cook \* Dick Doherty \* Valerie Eckert \* Vickie Fogel \* Barbara Harvey \* Carol Huston \* Nancy Johnson \* Jane & John Murray \* Megan & Phillip Myers \* Nancy & Rob Poulin \* Perry Selheimer \* Edwin Steel \* Leslie & Ulrich Taglieber \* Tonia Uffner \* Rose & Paul Vollmar \* Marie Zelner \* Melanie & Brett Baker \* Susan & Bruce Baumann \* Marti & Scott Bender \* Val Carr \* Bev & Andy Case \* Chris Clayton \* Cathy Damico \* Sue Hess \* Gloria & Lyn Jones \* MaryJane Madonna \* Lynn Mangan \* Jennifer & David Marsh \* MaryJo & Ken Melberger \* Diana & Mike Mulroy \* Sarah Patram \* Pat Plumb \* Edie & Ken Amey \* Mary Lou Herr \* Tammy & Joel Hoffman \* Dale Murphy \* Claudette & Charles Sudlow \* Lorraine & Ned Winslow \* Tabb & Dale Champlin \* Linda & Michael Clement \* Amy & John Korman \* Tina Madison \* Dennis Mellish \* Berylle & Drew Reynolds \* Marv Walters \* Janice & Kurt Zintner \* Dee Hillas \* Cindy & Bill Palen \* Lauren & Duncan Murphy \* Jacqueline Sowden \* John Sprouse \* Linda & Walt Unangst \* Vincent Ahonkhai \* Tiffany & Dave Reichley \* Mary Bishop \* Carolyn & Frank James \* Pam Schunke \* Brian and Elizabeth Knowles \* Marianne Standbridge \* Barbara Krisan

---

## Belfry Needs Help!

Belfry Bargains is in need of Saturday volunteers! Even one Saturday a month is helpful! Please contact Diana Mulroy if you are interested in volunteering or if you would like more information:  
dimulroy1@gmail.com



---

## Photos for Social Media

We frequently take photographs in and around the church that may appear on our social media account, website and print materials. If you do not wish to be in photos, please contact Tiffany Reichley in the church office, and we will be sure to respect your wishes!



---

## What's Going On Around Messiah

---



**Harmony Theater is a creative performance environment for people with disabilities.**

They have several upcoming shows here at Messiah. For more information or to purchase tickets, click here: [Show and Ticket Info | HarmonyTheaterInc](#)

---

## Volunteer Spotlight

---

**This Week the Volunteer Spotlight is on Jennifer Christman!**

Jennifer was married here at Messiah in 1996 and has been a vital part of Messiah ministries ever since! She has been a coffee hour host for more than 20 years as well as a member of the fellowship ministry for more than 15 years. Thanks to Jennifer, the coffee hour closet is always stocked with supplies! In addition, Jennifer has also been a longstanding member of the Outreach ministry as well as a volunteer at Belfry Bargains. She is currently the Children's room coordinator! Jennifer also



serves on Altar Guild and has worked with Messiah meals since its inception. When Jennifer is not serving at Messiah, she dedicates her time to knitting hats for the Mitzvah Circle Foundation and baking cookies for Cookies for Caregivers! Jennifer also enjoys gardening with her two dogs and traveling with her husband! Thank you, Jennifer, for your continued commitment to so many of Messiah's ministries! Your kindness and generosity are truly a gift to the church!

**Every couple of weeks we will pick a new volunteer's name out of a hat to be featured! There are so many wonderful volunteers here at Messiah!!**

---

## Belfry Bargains News

---



### Where do the proceeds from Belfry go?

***ALL of the proceeds from Belfry Bargains are donated to causes and agencies outside the parish.** Every dollar raised through the sale of clothing and other goods donated to Belfry are given to support and benefit those in need within our local community, as well as across the country and the world. Here's a closer look at just two of the organizations that Belfry supports.*

#### **Laurel House – Norristown**

Laurel House was incorporated in 1981 as an independent nonprofit organization offering shelter to victims of domestic violence. Since that time, Laurel House has expanded its programs and services to become a comprehensive domestic violence agency. In addition to emergency shelter, Laurel House offers a 24-hour hotline, a text line, transitional housing, a children's program, individual and group counseling, medical advocacy, legal representation and advocacy, crisis response, law enforcement collaboration, as well as community education and prevention efforts. <https://laurel-house.org>

#### **Mitzvah Circle**

Mitzvah Circle was created to provide items that

are not covered by government assistance. Clothing, toothpaste, diapers, and deodorant are items that people need every day, but many can't afford to buy. Mitzvah Circle envisions a world in which kids and their parents do not feel less valued because they are lacking essential, daily items that many people take for granted, such as shampoo or shoes that fit. A world where women have pads and tampons so they do not have to miss school or work, and where every baby has a clean diaper. Mitzvah Circle is located in Norristown and served over 24,000 families in 2020.  
<https://mitzvahcircle.org>

---

## Sunday Worship

---

### MULTIPLE WAYS TO JOIN US FOR SUNDAY WORSHIP

Thanks to the wonders of modern technology and the hard work of several parishioners, we are able to offer a variety of ways to participate in Sunday services:

- **IN-PERSON** – 8:00 and 9:30
  - **LIVE-STREAMED** - the 9:30 service will be broadcast on YouTube – follow the link posted on the church website ([messiahgwynedd.org](http://messiahgwynedd.org))
  - **WEBSITE** – at the close of the service, a video will be posted to the parish website ([messiahgwynedd.org](http://messiahgwynedd.org)) for viewing at a time convenient for you
- 

## Reaching Out to the Community

---

### SUPPORT MANNA ON MAIN STREET

#### *We Continue to Collect & Deliver Non-Perishable Items*

As you do your weekly shopping, please pick up some non-perishable food items, toiletries and cleaning supplies. These donations can be left on the back pew of the church or left outside the Rector's office door. These will then be delivered to Manna to stock their shelves for distribution to meet clients' needs.

---



## Church School News

---



Children ages 3-12 are invited to join us for church school each Sunday! We will be meeting upstairs in the Parish Hall at 9:30am. The Nursery will be available for children 2 and under.

---

## Creative Angels

---

During the winter, soup is one of my favorites! We all have the soup recipes we utilize regularly. Once in a while, I like to try new flavors of these homemade treats. Recently, Lynn Mangan shared this Mushroom Bisque with me. It's delicious! As an added benefit, she shared the recipe with me, as well. Thank you, Lynn!

Enjoy!  
Barbara

### Mushroom Bisque

1 tsp olive oil  
1+ cup chopped onion  
1 lge garlic clove, minced, plus 1 small garlic clove  
4 c sliced mushrooms  
1/2 tsp dried thyme  
3 Tbsp flour, divided  
1 14 oz can reduced sodium beef broth  
1 tsp Worcestershire sauce  
1/2 tsp salt  
3/4 c non fat half and half  
3/4 c skim milk  
1/8 tsp black pepper  
2 Tbsp dry sherry wine (optional)

Heat the oil in large soup pot over medium heat. Add the onions and garlic to the pot. Cook, stirring occasionally, for 4 - 5 minutes or until onions are soft and translucent. Add the mushrooms, stirring occasionally for 5 minutes, or until they release all of their liquid. Add the thyme to the pot by crushing it between your fingers, sprinkle in 2 Tbsp flour, stir and cook for 1 minute. Stir in broth, Worcestershire and salt. Bring the soup to a boil, reduce to a simmer, cover and cook for 10 minutes. In a small bowl, whisk remaining Tbsp flour into the half and half. Add it to the soup, along with the milk and black pepper, cook for 2-3 minutes, or until the soup thickens. Adjust salt and pepper to taste. Remove from heat, and stir in sherry.





Church of the Messiah | 1001 Dekalb Pike, Lower Gwynedd, PA 19002-1941

[Unsubscribe office@messiahgwynedd.org](mailto:office@messiahgwynedd.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [office@messiahgwynedd.org](mailto:office@messiahgwynedd.org) in collaboration  
with



Try email marketing for free today!